

PHEKSA Meeting – October 16, 2023

Present: Varun Shah, Hannah Kowalyk, Payton Rix, Mara Majer, Cari Brown, Yasmin Asadi, Nasser Nayed, Ben Solmon, Ava Khansari, Cynthia Charette, Anna Roper, Tori Pears, Noah Jonnson, Reuben Bowley, Sophia Pourmatin, Alexandra Partridge, Amelia Rodrigues, Elizabeth Squire-Fisher, Kay Hartwick, Maggie Johnston, Olivia Emon, Amy Posel, Kiersten Landreville

Absent: Matt Hopley, Yas Almashahi

Start Time: 7:45 pm

Reading of Agenda

Motion: To approve the agenda for the meeting

Seconded by: Hannah Kowalyk

Vote:

For - 23

Against - 0

Abstentions - 0

Motion carried

Assembly Updates

Cari Brown - Internal Affairs Commissioner:

The second campaign period for first year reps is from today to Wednesday this week and the voting period is Thursday through Friday. We will have a full assembly by next Monday!

Maggie Johnston - Executive Intern:

No updates.

Mara Majer - Finance Commissioner:

No updates.

Matt Hopley - Social Commissioner:

No updates.

Alexandra Partridge - Merchandise Commissioner:

I am still waiting for approval for the logo on the shorts. I don't know when that is going to happen, and we are not sure if it will even be approved. The sweatpants are discontinued so I will find something new, but it will be the same old logo because it will be too late to approve a new one.

Elizabeth Squire-Fisher and Olivia Emon- Formal Commissioners:

We have decided on a theme for formal! We had our first meeting to discuss some things that we want for formal. Soon we will be sending out emails to the venues to figure out more information to start touring. At some point this week, we will send the Google Form for formal committee hiring to exec for approval.

Payton Rix - Outgoing Head Coach:

Hiring of the new head coach is happening on Tuesday and Thursday. Alex, Varun and Jill will be helping out with interviews. There are some candidates in the room, so I will not say anymore.

Sophia Pourmatin - EDI+I Commissioner:

No updates.

Amelia Rodrigues - Coaches Corner:

The September edition of Coaches Corner has been approved. I will send it to Yas to post on the Instagram and website!

Reuben Bowley - Sr. Athletics:

No updates.

Tori Pears & Noah Jonsson - Jr. Athletics:

Registration for the ski trip goes live next Monday (October 23rd). I will post the link on our Facebook so that year reps send out in their email to promote it!

Anna Roper - Sr. Academics:

Firstly, I am still looking for more volunteers for fall preview day and the university fair in Toronto (Oct. 21 & 22). Please email me if you are interested and tell your friends about it.

Secondly, there should be one QSSET per person. Thank you to everyone who signed up already. For the first years or anyone who needs to know... In the last few weeks of classes, the professors are evaluated, and the students are able to give feedback. One person will go up to the front of the class to read information out and facilitate that. Please fill out the google sheets if you haven't already.

POI – Nasser: How long do we have to fill out the surveys in class?

Anna: November 1st at the latest. Also, it will probably take place during the week of November 11/12, you will receive the email from your specific professor. The sooner you fill out the Google sheet the sooner we will have those details for you.

Kiersten Landreville - Jr. Academics:

We are working on the peer tutoring form, finishing up the last touches. We are hoping that form will be sent out in the next day or two.

Ava Khansari - Sr. Outreach:

No updates.

Benjamin Solmon - Jr. Outreach:

We are running the alumni breakfast brunch. We need more volunteers for the later time slots. If you are able to please sign up. It's just a one-hour shift.

POC – Cari: Everyone on PHEKSA needs 1 hour of volunteering a week so all of the 16 spots should be filled!

Yas Alamashi - Sr. Communication:

No updates.

Cynthia Charette - Jr. Communication:

I finished all the year photos! We will be starting PHEKSA headshots once we have a full assembly. One will be at the pier and two will be in the SKHS lobby. I will send out times and post on Facebook for our PHEKSA head shots. If they don't work for you, we can always add more timeslots. Make sure you sign up!

Kay Hartwick - 1st-year reps:

No updates.

Yasmin Asadi - 2nd-year rep:

No updates.

Nasser Nayed - 3rd-year rep:

No updates.

Amy Posel - 4th-year rep:

No Updates.

Exec Updates

Payton Rix - VP Operations:

I am attending the ASUS meeting this Wednesday. If anything comes up, it will be in my updates for next week. I also have an update for 2nd year reps and Academics about an ANAT review session, so please stay back for a little bit after the meeting.

Hannah Kowalyk - VP University Affairs:

I am going to reach out to find more details about the grants and will have the applications out by the end of the month. I have the student of the month sorted out, so there will be a post on the PHEKSA Instagram soon. Formal Office Hours will be posted this week as well.

Varun Shah - President:

Liza and Ben... I need you to stay after the meeting to get your contact information.
POC – Cari: For anyone who needs contact information there is an excel sheet in the drive with everyone's information.

Old Business

None

New Business

None

Discussion

1. Ben – Jr. Outreach “Peer Pals”

Opening statement: After talking to a lot of people, I realized the name is outdated. I have a few new names but I'm thinking that the new name would be “Big buddy Little buddy.” I wanted to get your opinions.

Noah: What are the other ideas?

Ben: One was “big friend, little friend” or we could just leave it as “peer pals”

Liza: Last year we only had five 1st years sign up and eighteen upper years, so I am in support of the rebranding because I think it could make a big difference.

Payton: I think that if there is a big difference between the number of uppers and lowers that you might not want to use terms like big and little.

Mara: I like that idea, but I just feel like it is hard to reach out as first years to fourth years. I think maybe more of something with a connection thing to make it more relatable and less scary.

Ben: Yes, I spent a while trying to brainstorm something like that and I couldn't come up with anything, but I am open to ideas if anyone has them.

Yasmin: If you have more upper years than 1st years then maybe we could have some upper years go to the class and introduce themselves and the idea of peer pals.

Ben: I like that. In addition, I want to go over the forms and see if all the questions are still relevant. The only new thing that I added was a hobby question. This gives us an opportunity to pair people with others that they have something in common with.

Varun: I really like that addition to the form, and I agree with Mara and Payton about the name. I do think that there is some separation between the ages when you use big and little.

Ben: We want to get this out as soon as possible and the only thing holding us back is the name. When should the deadline be if I am supposed to have this up by the end of the month?

Varun: If you don't have a new name by this week, then just keep it as peer pals; we will send it to the first-year reps to email out.

2. Liza and Olivia – Formal Commissioner

Opening Statement: We are hoping to plan a Halloween fundraiser that includes a pumpkin carving contest. Emphasis on the KIN. We will have people send in pictures of themselves with their pumpkins and we will award prizes. The one thing that is a problem, first years

Yasmin: Coaches can possibly reach out to their first years, and they could even host them at one of their houses for a group submission.

Payton: I'm not sure if you are sending out an interest form, but if you are maybe including a question on the form where 1st years could say if they can or can't carve. Another thing that could cause an issue is getting pumpkins for 1st years without cars. We could do a pumpkin sale, making it easier for them to get pumpkins and it could be a way for us to make money too.

Mara: Maybe consider doing a fall themed or pumpkin themed thing so that people could bake or do a festive activity if they didn't want to or couldn't carve pumpkins.

Varun: I agree with Payton about providing pumpkins for first years. It would also be a good idea for us to have them bring them to us after they are completed. Having the pumpkins all together would be a good photo opportunity for our Instagram page.

Nasser: I think it would be great to also have 1st, 2nd, and 3rd places for more incentive for people to participate and to get prizes.

Kay: As a first year, I don't think it would be a problem to carve a pumpkin in residence. The only problem is that there is no place to put it, so it would be better to bring it here after rather than just throwing it out.

Payton: I think a pumpkin walk would be fun a good chance for people to see others creations and we could also have a bake sale with fall treats too.

Varun: I agree with the pumpkin walk... charge \$5 for people to walk around and see it. Then posting pictures of the pumpkins on the Instagram for polls and voting would be a good idea to get more people involved who aren't able to go to the pumpkin walk.

Cynthia: For prizes you could get CoGro or Starbucks gift cards for the winners. I feel like that would be very useful and a big hit for students.

Liza: I just don't know how we would do that for a group submission. That would be a lot of gift cards, if there was like a group of 4.

Varun: We also have the PHEKSA water bottles we could always use as prizes for groups. Maybe for a third-place prize.

Other questions/remarks from Assembly

Motion: To adjourn

Seconded by: Payton

Vote:

For - 22

Against - 0

Abstentions - 0

Motion carried

Resolved: Meeting Adjourned

Meeting adjourned at 8:16 pm.