

OCT 2021

PHEKSA PRESENTS ISSUE #2 OCT 2021



COACH'S CORNER

photo taken by Angela Shih



photo taken by Angela Shih

Editor's Note

Hi everyone!

I hope that you've had a refreshing reading break! We're halfway into the Fall semester- you're almost there!

As the semester gets busier, remember to take breaks to relax- resting is productive!

Feel free to always reach out to the KIN community and members of PHEKSA if you need anything! We're all here for you.

Wishing you the best of luck during the midterm season!

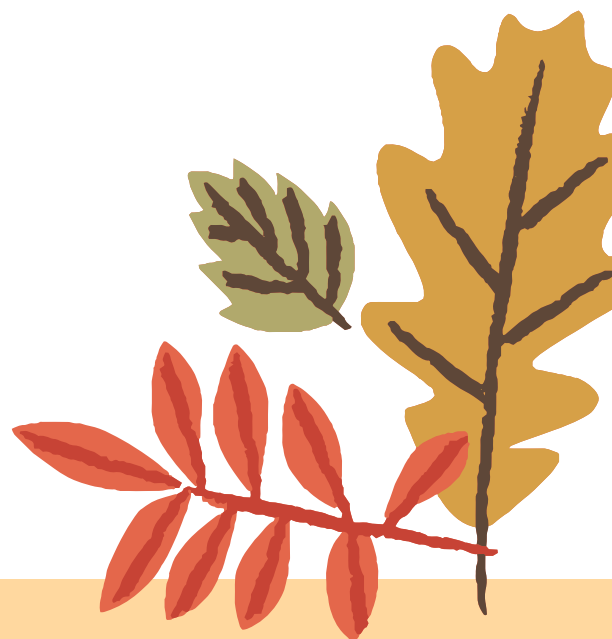
lots of love,
Angela Shih

IN THIS ISSUE

- 02** EDITOR'S NOTE
- 03** THIS MONTH
- 04** SKHS 75th Anniversary
- 05** HOMECOMING
- 06** KIN GAMES INTRO
- 14** HALLOWEEN JOKES

RECAP:

THIS MONTH



75 YEARS OF SKHS

HOME-COMING

HALLOWEEN

75TH YEAR OF SKHS!



First Location near Jackson Hall
Indoor Sports Facility (1922)



Jackson Hall 2nd Athletic Facility



Physical Education
Building (Built in 1939)



SKHS 2010-Today!

75

YEARS

1946 - 2021

[learn more
about the
history of
SKHS here!](#)



PHE CLASS OF...

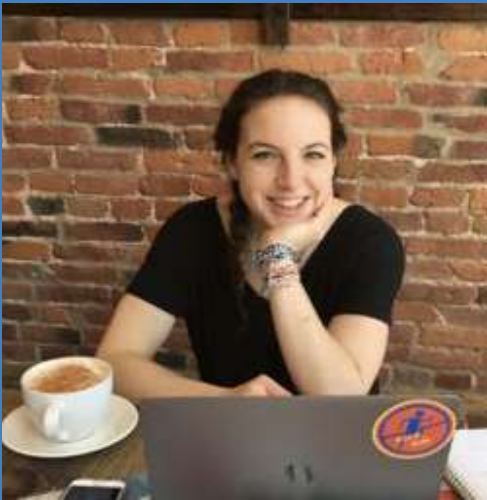
HAPPY HOCO!

this year, the PHE alumni reunited virtually!



MEET THE MEMBERS OF

KIN GAMES



Heather Vink

Hey peeps!! I'm Heather & I'm in 4th-year kin. My favourite movie is Penguins of Madagascar and my favourite penguin is Rico. I'm the captain of this year's KG team. I'm super hyped for this year since last year's KG was online so now we are hopefully gonna get the in person experience at UofA.

Most excited for at KG:

I'm super excited for our team to make our dance as well as to see the moves that everyone on the team has to offer!!



Abby Dusome

Hello hello! My name is Abby and I'm in my 5th year of Kin. My favourite movie is Shrek, specifically Shrek 2. This will be my 3rd KIN Games and I'm sooooo excited to spend my last year at Queen's as a part of KG again!!

Most excited for at KG:

To compete/befriend all the lovely people of KG in-person again!

MEET THE MEMBERS OF

KIN GAMES

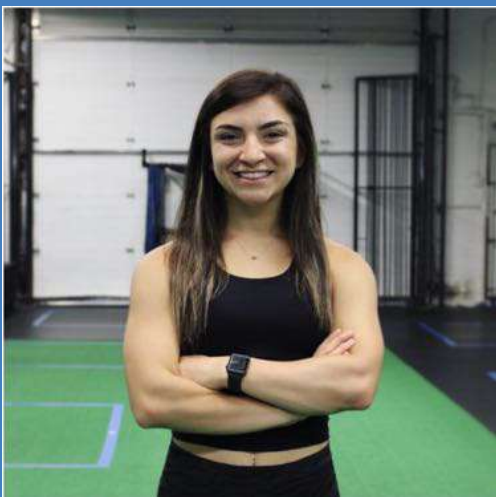


Ethan Cooney

Howdy! My name is Ethan but most people call me Cooney! I'm in my 5th year of Kinesiology and this will be my third year participating in Kin Games!! I AM ABSOLUTELY FIRED UP FOR THIS TEAM AND TO BE ABLE TO GET BACK TO IT!!!

Most excited for at KG:

being able to participate with all these amazing humans and compete in person again!!



Isabella Cinelli

Hi! My name is Isabella and I am a fourth-year kin student here at Queen's. This will be my second year participating in Kin Games, but my first time participating in person! I am most excited to see all my fellow kin students in person and reconnect with friends I made during the last games.

Most excited for at KG:

I am most excited to see all my fellow kin students in person and reconnect with friends I made during the last games.

MEET THE MEMBERS OF

KIN GAMES



Jenna Tofflemire

Hi, I'm Jenna. I'm in 4th year Kin!! This is my second year doing Kin games so I'm super excited for us to be in person this year at UofA

Most excited for at KG:

Kicking butt in the academic challenges and meeting a bunch of kin friends from all over the country!!



Amanda Bilinsky

Heyy everyone!! My name is Amanda and I'm in 4th year Kin. I am super excited to be a part of the Queens KG team again this year!

Most excited for at KG:

Since KG last year was online I am PUMPED to get to meet other Kin students from across Canada.

MEET THE MEMBERS OF

KIN GAMES

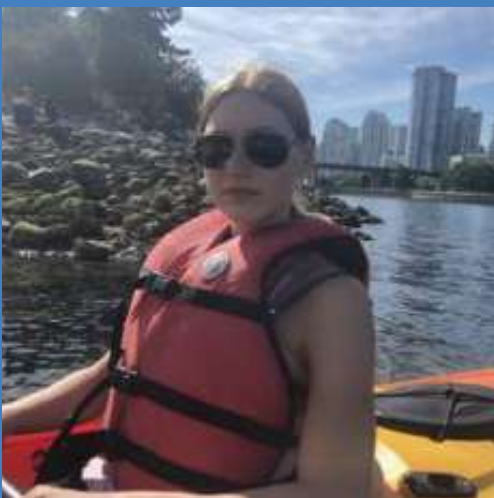


Erin Locke

Hey! I'm Erin and I am in my fourth year of kin :(time flies. But, this will be my first year on the Queen's KG team & I'm pumped!

Most excited for at KG:

I am most excited to form new friendships with kinesiology students from schools across the country and to participate in some friendly competition.



Kristina Miakisheva

Hey friends, it's Kristina! I'm in my 4th year of Kin and this is my second year on the Queen's KG team!

Most excited for at KG:

I am most excited to meet friends from kin all over the country!!

MEET THE MEMBERS OF **KIN GAMES**



Kora Rhodes

Hi guys!! My name is Kora and I'm in my fourth year of kin, can't believe it! This is my first year participating in Kin games and I am so excited!

Most excited for at KG:

I am most excited to see everyone in person and meet all the Kin students from other schools!



Maddie Allan

Hi everyone! My name is Maddie and I'm in my 4th year of kin. This will be my second kin games and my FIRST in-person kin games! I can't wait to meet all of the lovely kin students from all over the country!

Most excited for at KG:

I'm most excited for the DANCE!! Can't wait to bust a move with our lovely Queen's kg team <3

MEET THE MEMBERS OF

KIN GAMES



Hey Everyone! My name is Sean and I am in fourth year kin! This is my first time doing kin games and I could not be more excited to participate and meet kin students from all of the other schools!

Most excited for at KG:

I am BEYOND excited to learn our dance! Cannot wait to show the other schools our phenomenal dancing skills

Sean Coghlan



Hey I'm Abby I'm in 4th year. I'm excited for kin games this year since its my first year on the team. Can't wait to see what this year has in store

Most excited for at KG:

I am most excited for the flight to Edmonton with the team and for the dance.

Abigail Morin

MEET THE MEMBERS OF

KIN GAMES



Karlee Donovan

Hey everyone! I'm Karlee and I'm in 4th year. I'm really pumped for my second year on the team and to travel to UofA with the group!

Most excited for at KG:

I'm most excited to meet new people from other teams across the country!



Rachel Kailis

Hey!!! My name is Rachel and I am in my 3rd year of kin. I am a kin games rookie and couldn't be more excited!

Most excited for at KG:

I'm most excited to fly across the country with our team, real good bonding experience ahah. And to meet kin people from all over!

MEET THE MEMBERS OF

KIN GAMES



Daniel Lesiuk

Hey everyone my name is Daniel I'm a 3rd year kin student at Queen's, and this will be my first time participating in kin games!

Most excited for at KG:

I am so excited to get to meet and connect with kin students from other schools and compete against them as well!!!



Nic Curcio

Heyo! I'm Nic and I am a 3rd year Kin student! This is my first ever Kin Games, and I am super pumped to meet some new faces in person this year!

Most excited for at KG:

learning our dance and meeting other Kin students! Also looking forward to hopping on a plane for the first time in over three years!



***Why didn't the skeleton go to
homecoming?***

- Because he had no body to go with



Why did the ghost go into the bar?

- For the Boos.



Why don't mummies take time off?

- They're afraid to unwind.



***What kind of music do mummies
like listening to on Halloween?***

- Wrap music.

from: <https://www.countryliving.com/entertaining/a32963261/halloween-jokes/>
<https://jokojokes.com/homecoming-jokes.html>

HAPPY OCTOBER!



coach's corner



OCTOBER 2021